How to Speak English Fluently (7 Lessons to a Better Life)

Speaking English Fluently - Lesson 1 - Use the Right Study Method

The ability to speak English Fluently is the dream of millions of students around the world. English is the international language and the ability to speak it well is absolutely crucial in today's global economy. Everyone knows this. Thousands of companies are built every year trying to get students to learn their newest English learning "secrets". Billions of dollars are spent on these products.

And you know what? The sad news is that most of these students will spend a bunch of money and end up with terrible English. They aren't lazy, they aren't stupid, they are just using the wrong method. Imagine if you had a bad tennis coach. It wouldn't matter if you had natural talent. You would never be any good. It is the same with learning English. Anyone can do it. The problem is that most people use the wrong method that was taught to them at school or by other people. This is why most people fail. The wrong method is boring and a waste of time. It will suck your time, money, and energy, leaving you feeling useless. What is the right study method? Good question. Keep Reading this 7 part series.
Speaking English Fluently - Lesson 2 - No More Excuses

I've heard so many excuses from students as to why they can't speak English fluently. So many people are good at coming up with excuses. Here are a few good ones that I hear all the time:

1. I don’t have the environment. If I lived in an English speaking country I would be much better.

2. I don’t have any English speaking friends. If I had some English speaking friends I could speak with then things would be much better.

3. I hate studying and I can't remember new words easily. It will take me too long.

I admit that these excuses make a little bit of sense and I can understand them. But honestly, now is the information age and you can use technology like mp3 lessons and podcasts to learn. Online education is getting better and better. If you have a computer and Internet, you have no excuse anymore. I'm sorry, but that is the truth. If you study correctly for a few straight months, you will shock people with how much you sound like a native English speaker. People will think you lived in a foreign country for years. I've had it happen to hundreds of my students who follow the program.
If you want to do any skill well, you need to be consistent. This is one of the easiest steps to fail on but it is also one of the most important steps. Why don't people study everyday even though they know they should? Why don't people exercise everyday when they know they should? It's basically because the results of learning a new skill are slow. It takes patience and discipline. At times, it can almost feel like you aren't improving at all. This is normal but it's scary and frustrating. It can feel like a waste of time. This is when most people quit. This is the time you need to be different from most people. You need to study English every day in order to improve. If you can commit 15 - 30 minutes per day of solid study for 3 to 6 months, you will be amazed at how much you will improve. It's kind of like the way hair grows. If you watch it, you will think it is not growing at all. If you take a photo of it now and then in 6 months, you will see it grew a lot. This is how it works with English study. You need to trust the method and do it everyday with complete focus if you truly want to speak English fluently.
Speaking English Fluently - Lesson 4 - Practice Listening To Native Speakers

Until now, most of the previous advice about English speaking was about attitude and the idea that you need the right method to speak fluently. Now you have the basic idea of what it will take and now we're going to talk about what exactly you should be doing. Remember that time is not important. You need quality time. Don't read a dictionary or study stuff you already know. This might make you feel like you are studying, but you are really just wasting your time. If you read a dictionary you will find mostly words that are not used. There is no point in trying to remember them. You need to listen to real native speakers. If you've ever studied English in school, you will notice that what you learn in school is much different than what you will hear in real life. Most schools wrongly focus on test taking and grammar. It's stupid but that's the reality of the situation. Grammar can be learned by listening to native speakers. They almost never make mistakes. If you listen to what they say, you can learn a lot of grammar indirectly. Most English movies and TV shows are too difficult to listen to. They are designed for native speakers. The best way to practice listening is to listen to English podcasts. Many podcasts are boring and useless, but there is an excellent one I will recommend at the end of this article series. More than 4 million of these shows have been downloaded and thousands of students have learned to improve their listening and spoken English fluency more than they could have ever imagined. The podcasts are about real life topics and use real life slang. The new words and slang are explained clearly and they are easy to remember. You can listen in your car, at the gym, at your computer, or on your Ipod. They are truly the best way to improve listening. Listening is directly related to speaking. It's much better than reading. Remember, young children can speak quite fluently before they can even read. Their grammar is pretty good too. They learn all that from listening. Even though everyone says it's much harder for adults, the truth is it's not too different. The problem is that most adults just keep using the wrong methods.
Speaking English Fluently - Lesson 5 - Use the Slang and Vocabulary from Real Life

The podcasts will teach you the slang and vocabulary used in real life. This is why a natural talk show style podcast is perfect. The native speakers will just speak in ways that they normally do in real life. There is no point in sitting with a dictionary and learning idioms, slang, and a bunch of other stuff from lists. You will forget this stuff because you can't use it. You won't know the context. If you don't hear native speakers using the words, you don't need to use the words either. Just use what you hear. It sounds weird hearing non-native speakers using words rarely used in today's English. Learn your English from real life native speakers and forget about using old textbooks and silly teaching methods.
Speaking English Fluently - Lesson 6 - Write New Vocabulary in Sentences

When you learn new useful vocabulary and idioms, it is extremely important to write them down. The process of writing down what you learn helps your brain remember them. You've probably heard about this before but you probably don't have a good habit of doing it. The key is to make it a habit. If you make it a daily habit to write down 3 new words or phrases you learn everyday, you will be amazed at how much more fluently you will be able to speak in 6 months. Honestly, it will be even less than 6 months, but at 6 months, your level will be amazing. Make sure you write this all in one notebook and not on loose paper. You want to be able to review what you learned each week. Keep organized and keep consistent.
Speaking English Fluently - Lesson 7 - Write Your Thoughts in English

A few times a week it is a great idea to try to write down your thoughts in English. It doesn't even matter if you have someone there to correct it. Just practice writing after you listen to the native speakers and read the PDF's of what they say. Your writing will improve a lot naturally. Writing and speaking are not that much different either. If you can express yourself on paper then you should be able to express yourself fluently in spoken English. When you get stuck or make a mistake writing, don't worry, this is just letting you know which areas you need to improve upon. The next time you listen to a podcast, you will start to notice how the native speakers express themselves in the exact place that you had trouble in. The next time you go to write or speak, fluent English will naturally come out of your mouth or onto the paper. It seems like magic but it really is the way it works. If all of this sounds simple, it is, but most people won't do the right simple things consistently. That's why so many people fail to speak fluent English. You can be different if you want to and you can do it starting right now. 6 months from now you could have a better job, more money, and a better and more interesting life. Today is the first day. Don't wait another minute if you are serious about improving. Start today and keep going. Remember, it's only 15 - 30 minutes a day. Absolutely no excuses!

If you forget any of the lessons read them again. You can't miss any of them. If you follow them correctly, you will be able to speak fluently like a native speaker.